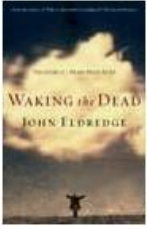


## Digging Deeper Question . . .



**Waking the Dead: The Glory of a Heart Fully Alive**, by John Eldredge

### Chapter 3

1. Tell about a sound that triggers feelings of happiness when you hear it. What memory is associated with that?
2. It is common to hear people say that our lives are too busy. How do you keep a balance? What amount of efficiency is a healthy amount (p 38)?
3. Think of your experiences today and give an example of giving your to-do list a higher priority than loving your neighbor/spouse/kids. If you are faced with the same situation tomorrow, what will you do differently?
4. Looking back, can you pinpoint a time when your heart led your decision-making process instead of your head? What were your motives? What happened as a result? In turn, can you remember a time when you had to suppress the leading of your heart? Why? How different do you think the outcome would have been?
5. When was the last time you felt great excitement or anticipation? What was the situation? did it change the way you saw the world around you?
6. Do you find it easy or difficult to share your heart with others? Do you think people find it easy or difficult to share their heart with you?
7. What was your perception of the heart before reading chapter 3? How has this chapter changed how you think about the heart?
8. Looking at the list of ways on the bottom of page 51 that the enemy seeks to destroy the heart, which are you struggling the most with right now and why?